

The Exploration Center (EC) is an extension of the Cross-College Advising Service and is designed to assist students who are exploring their options regarding majors and careers.

We encourage students to focus on their individual interests, values, and skills and compare them to available opportunities. Gaining self-awareness about interests, strengths, and values will give you the tools you need to make good decisions.

The Exploration Center is an invaluable resource for students.

The multiple resources at the Exploration Center help students explore careers and develop life skills that they can apply to a variety of situations. Resources offered at the EC include:

- Individual appointments with professional career advisors
- Standardized career assessments like the MBTI and the Campbell Interest and Skill Survey (CISS)
- StrengthsQuest and Values Card Sorts
- Computerized career guidance
- A career library of over 500 books
- "Career Files," a collection of free materials covering hundreds of types of occupations and careers
- Vocational Biographies which profile individuals in their specific work settings
- A series of workshops
- A helpful staff of Career Peers available to assist students with their individual assessment needs

The earlier you start to think about the process of choosing a major and subsequently a career, the more intentional and thoughtful your process can be.

Call 265-4497 and get started today!